



Build your Own Sandwich Buffet

Tray of Sliced Ham, Roast Beef & Smoked Turkey

With Lettuce, Tomatoes, Onions and Pickle Spears

Condiments of Mayonnaise and Mustard

Served with Whole Wheat, Sour Dough and Rye Sandwich Breads

and

Choice of 2 Sides

⌘ Pasta Primavera Salad ⌘ Seasonal Fresh Fruit Salad

⌘ Green Chili or Dill Potato Salad

⌘ Cole Slaw ⌘ Potato Chips

Minimum Order Of 15 Please

*Options – An assortment of Sliced Cheese,
Croissants or Hoagies can be added.



Executive Sandwich Buffet

Tray of Sliced Beef Tenderloin, Smoked Turkey & Honey Glazed Ham

With Sliced Cheddar, Swiss and Jack Cheese

With Lettuce, Tomatoes, Onions and Pickle Spears

Condiments of Mayonnaise and Mustard

Served with Assorted Breads and Rolls

and

Choice of 2 Sides

⌘ Pasta Primavera Salad ⌘ Seasonal Fresh Fruit Salad

⌘ Pasta with Julienne of Fresh Vegetables tossed in Basil Vinaigrette

⌘ Dill New Potato Salad

Assorted Desserts

Decadent Nut Brownies, Lemon Burst Bars and Cookies

Minimum Order Of 15 Please

Fresh Horizons Creative Catering

(210) 226-5919 Fax (210) 226-1800 www.freshhorizons.com info@freshhorizons.com



EXECUTIVE BOX LUNCH

(Choice of One Sandwich)

Sliced Ham, Roast Beef, Smoked Turkey, Chicken Salad or Albacore Tuna Salad
On Either Whole Wheat, Sour Dough or Rye Bread

SIDE ORDERS:

(Choice of Two)

Pasta Primavera Salad
Seasonal Fresh Fruit Salad
Green Chili or Dill Potato Salad
Potato Chips

DESSERT:

(Choice of One)

Texas Wild Cat Brownie
Lemon Bar
Cookie



Minimum of 15 Please

Beverages (Iced Tea, Bottled Water, Sodas, & Lemonade)

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SPECIALTY SANDWICHES

(Includes Choice Of One Side)

SOUTH TEXAS PHILLY SANDWICH:

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Sliced Roast Beef with Sweet Onions & Mushrooms, Chipotle Mayonnaise, and Melted Provolone Cheese; served on a Hoagie Bun

CALIFORNIA CHICKEN SANDWICH:

Grilled Chicken Breast with Avocado, Tomato, and Sprouts served cold on Sourdough Bread with Pesto Mayonnaise.

SOUTHWEST GRILLED CHICKEN ROLL-UPS:

Grilled Chicken Strips with Roasted Peppers, Onions, Tomatoes, Lettuce, Pico De Gallo, and Ranch Dressing; wrapped in a Herb Tortilla.

CHICKEN CAESAR ROLL-UPS:

Grilled Chicken, Romaine Lettuce, and Parmesan Caesar Salad; rolled up in a wrap.

TURKEY ROLL-UPS:

98% Fat Free Roasted Turkey with Diced Tomato, Sprouts, Lettuce, and Ranch Dressing; rolled up in an Herb Wrap.

BLT WITH TURKEY SANDWICH:

Smoked Turkey with Bacon, Lettuce and Tomato served on your choice of bread.

TURKEY CROISSANT:

Smoked Turkey with Cranberry Cream Cheese and Sprouts

SIDE ORDERS: (Choose One)

Pasta Primavera Salad
Seasonal Fresh Fruit Salad
Green Chili or Dill Potato Salad
Cole Slaw
Potato Chips

Minimum Order of 15 Please

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SALADS

FRESH HORIZONS TRIO:

Chicken, Tuna, and Fruit Salads on a Bed of Greens with Fresh Tomato, Broccoli, Celery, and Carrot Sticks; accompanied by Pickles, Olives, and Crackers.

SOUTH OF THE BORDER CAESAR SALAD:

Fresh Romaine, Homemade Croutons, Tossed with our own Chipotle Dressing and Shredded Parmesan Cheese. – Option with Grilled Chicken)

FRESH HORIZONS MEDITERRANEAN SALAD:

Mixed Field Greens garnished with Julienne of Fresh Vegetables, Tomato, Hearts of Palm, Feta Cheese, and Kalamata Olives. Accompanied with Honey Balsamic Dressing. (Option with Grilled Chicken or with Grilled Salmon)

CALIFORNIA SALAD:

Mixed Greens with Turkey, Grated Jack Cheese, Tomato, and Black Olives with Herbed Vinaigrette or Farmer's Dressing.

VEGETARIAN SALAD:

A medley of Seasonal Greens, Julienne of Fresh Vegetables, Tomato, and Olives with Honey Balsamic Vinaigrette or Farmer's Dressing.

SEASONAL FRESH FRUIT SALAD:

An assortment of Seasonal Fruits and Berries served with Honey Yogurt or Poppysseed Dressing. Served with Fruit Bread.

Minimum order of 15 Please

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LUNCHEON BUFFET MENU SELECTIONS

Choice of one Entrée served with Vegetable Du Jour and
House Baked Rolls and Creamery Butter

- Sliced Roast Beef in Mushroom Sauce or Au Jus with Roasted Herbed New Potatoes
- Salisbury Steak with Mushroom Sauce & Red Mashers
- Traditional Roast Beef with Hunter Sauce & Oven Roasted New Potatoes
- Beef or Chicken Fajitas (Please Choose One) with Sautéed Peppers and Onions and served with Mexican Rice & Charro Beans and Warm Tortillas
- Chicken Fried Steak with Mashed Potatoes & Homestyle Gravy
- Chicken Parmesan over Buttered Linguini
- Rosemary Roasted Breast of Chicken with Homestyle Potatoes
- Sautéed Breast of Chicken in Mushroom Wine Sauce with Herbed New Potatoes
- Grilled Herbed Breast of Chicken in Lime Butter with Confetti Rice
- Turkey with Mashed Potatoes, Dressing, Giblet Gravy and Cranberry Relish
- Beef Stroganoff over Wide Egg Noodles
- Stuffed Pork Chops with Hunter Sauce & Garlic Mashed Potatoes
- King Ranch Chicken Casserole with Mexican Rice and Charro Beans
- Meat & Cheese Lasagna OR Vegetarian Lasagna
- Margarita Breast of Chicken Marinated in Orange Juice, Cilantro and Chipotle Peppers

* Add a Mixed Greens Salad with Dressing

For your Consideration

Freshly Baked Pastries, Pies, Cakes, Cobblers, Cookies
and Brownies also available.

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